

A variety of fruits, vegetables, and milk offered daily.
Kathie McAfee, R.D.

August 2011

Primary School

Monday	Tuesday	Wednesday	Thursday	Friday
Organ Wise Featured Foods of the Month (FOM)	August-Stone Fruit & Summer Squash to be featured in the Fruit & Vegetable Snack program. Featuring Nectarines, Plums, Peaches, Cherries, Pluots and Squash as a snack.	September-Whole Grains & Tomatoes	11 Chicken Fillet on Bun Fries Lettuce/Tomato Fruit	12 Hotdog on Bun Baked Beans Cole Slaw (Optional) Fruit Cookie
15 Pizza Wedge WK Corn Summer Squash/Dip Cookie Aug 15-19	16 Cheeseburger Shoestring Fries Raw Vegetables/Dip "Rosy" Applesauce (Fruit Bar)	17 Barbeque on Bun Baked Beans Cole Slaw (Optional) Fruit Birthday Cake Square	18 Chicken Nuggets Mashed Potatoes Green Beans Roll Cream Sickle	19 Express Lunch Deli Sandwich on Hoagie Bun Sun Chips Mini Carrots Fruit Flavored Milk
22 Pizza Wedge Steamed Fresh Broccoli Garden Salad Fruit Aug 23-27	23 Chicken Fillet on Bun Baked Potato Lettuce-Tomato Fruit (Fruit Bar)	24 Tacos w/Trimblings Shredded Lettuce Diced Tomatoes WK Corn Cookie	25 Hot Turkey & Cheese on Bun Fries Cole Slaw (Optional) Fruit Rice Krispie Treat	26 Barbeque on Bun Potato Wedges Baked Beans Fruit
29 #1 Chicken Tenders/Roll #2 Pizza Carrot Sticks w/Dip Fruit Blue Blast Bar Aug 30-Sept 3	30 #1 Cheeseburger #2 Nachos with Trimblings/ Oven Potato Wedges Shredded Lettuce/Tomato Fruit (Fruit Bar)	31 #1 Spaghetti w/Sauce/Green Beans Roll #2 Deli Sandwich on Honey Wheat Bread/Sun Chips Garden Salad Fruit	1 #1 Hot Dog on Bun Fries #2 Roasted Chicken/ Brown Rice/WW Roll (FOM) Green Beans Cole Slaw (Optional) Fruit Crisp	2 #1 Chicken Fillet on WW Bun (FOM) #2 Chicken Fajita/Salsa Fries Lettuce/Tomato Rice Krispie Treat
Labor Day Holiday Sept 5-9	6 #1 Pizza/Raw Veggies/Dip #2 Chicken Tenders Baked Potato/ WW Roll (FOM) Fruit Cookie (Fruit Bar)	7 #1 Tacos with Trimblings #2 Lasagna/ WW Roll (FOM) WK Corn Garden Salad Fruit	8 #1 Cheeseburger Lettuce & Tomato (FOM) #2 Pig in a Blanket/Cole Slaw Fries Pudding	9 Express Lunch Deli Turkey & Cheese on Whole Wheat Hoagie Bun (FOM) Sun Chips Baby Carrots Fruit Flavored Milk

"This institution is an equal opportunity provider."