

A variety of fruits, vegetables, chef salads, and milk offered daily.

August 2011

Middle & Elem School

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Organ Wise Featured Foods of the Month (FOM)</b>	<b>August-Stone Fruit &amp; Summer Squash</b>	<b>September-Whole Grains &amp; Tomatoes</b>	11 Chicken Fillet on Bun Lettuce Tomato Fries Green Beans <b>Plums (FOM)</b> Pineapple Low Fat Ice Cream Assorted Fresh Fruit	12 Cheese Pizza Wedge WK Corn Baby Carrots/Dip Broccoli w/Cheese Juice Bar Applesauce Assorted Fresh Fruit
15 Hot Dog on Bun Fries Baked Beans Cole Slaw Cookie Can Fruit Assorted Fresh Fruit August 15-19	16 Cheeseburger on Bun Baked Potato Lettuce & Tomato Peas & Carrots <b>Summer Yellow &amp; Zucchini Squash (FOM)</b> w/ Dip Low Fat Ice Cream Treat Can Fruit Assorted Fresh Fruit	<b>17 Deli Day</b> Deli Subs on Hoagie Bun Chicken Salad on Croissant Chips Pasta Salad Lett/Tomato Assorted Vegetable Salads Pudding Teddy Grahams Muffin Assorted Fresh and Can Fruit Assorted Melons Flavored Milk	18 Barbeque on Bun Potato Wedges Cole Slaw Corn Italian Stir Fry Veggies Cookie Mixed Fruit Assorted Fresh Fruit <b>Fresh Peaches (FOM)</b>	19 Pepperoni Pizza Wedge WK Corn Raw Carrots/Dip Steamed Broccoli Rice Krispie Treat Pears Assorted Fresh Fruit
22 Chicken Nuggets/Roll Mashed Potatoes Green Beans Garden Salad Blue Blast Bar 'Rosy' Applesauce Assorted Fresh Fruit August 22-26	23 Nachos w/Trimblings Potato Wedges Spanish Rice Pinto Beans Mexicali Corn Shredded Lettuce/Diced Tomatoes Glazed Apples Pineapple Assorted Fresh Fruit	<b>24 Deli Day</b> Deli Subs on Hoagie Bun Feature Sand. Chix Salad Wrap Triple Decker PB & J Simply Chex/Pasta Salad Lett/Tom Assorted Veg Salads Pudding Teddy Grams Muffin Assorted Fresh & Can Fruit Flavored Milk	25 Chicken Fillet on Bun Fries Stir Fry Vegetables Lettuce-Tomato Garden Salad Pudding Peaches Assorted Fresh Fruit <b>Fresh Nectarines (FOM)</b>	26 Turkey & Cheese Panini WK Corn Seasoned Pasta Fresh Steamed Broccoli w/Cheese Sauce Raw Carrots/Dip Garden Salad Cookie
29 Pizza Chicken Tenders /Roll Peas & Carrots Mashed Potatoes Garden Salad <b>Summer Yellow &amp; Zucchini Squash</b> w/ Dip Juice Bar Applesauce Assorted Fresh Fruit Aug 29-Sept 2	30 Roast Turkey & Rice/Roll Hot Dog on Bun Waffle Cut Fries Italian Blend Veg Green Beans Corn Carrot Sticks/Dip Peaches Cole Slaw Cookie Assorted Fresh Fruit <b>Fresh Washington Cherries (FOM)</b>	31 Spaghetti w/Sauce Roll Barbeque on Bun Cole Slaw Garden Salad Potato Wedges Baked Beans California Stir Fry Vegetables Pudding Mixed Fruit Assorted Fresh Fruit <b>Fresh Pluot (FOM)</b>	<b>1 Deli Day</b> Deli Subs on <b>WW Hoagie Bun</b> Chicken Salad on Croissant PBJ Ceasar Feature Sandwich Chips Pasta Salad Lett/ <b>Tomato</b> Assorted Vegetable Salads Congealed Salad Teddy Grahams Muffin Assorted Fresh and Can Fruit Assorted Melons Flavored Milk	2 Cheeseburger on <b>WW Bun</b> Fries Nachos with Trimmings <b>Brown Rice</b> Baked Swt. Potato-Fiesta Blend Veg Raw Veg/Dip Pinto Beans Shrd. Lett/ <b>Tomato</b> Rice Krispie Treat Pears Assorted Fresh Fruit
Labor Day Holiday  Sept 5-9	6 Pizza Chicken Fajitas Herb Roasted Red Potatoes Lt.Bu.Pasta Broccoli w/Cheese Corn on Cob Raw Vegetables/Dip Peaches Heart Healthy Oatmeal Cookie Assorted Fresh Fruit	7 Tacos w/Trimblings Roasted Chicken/ <b>WW Roll</b> Cole Slaw Green Beans Raw Veg/Dip Macaroni & Cheese WK Corn Shredded Lettuce/ <b>Tomato</b> Pears Royal Brownie Assorted Fresh Fruit	<b>8 Deli Day</b> Deli Subs on <b>WW Hoagie Bun</b> Club Royale Feature Sandwich Chicken Salad on Croissant PBJ Chips Pasta Salad Lett/ <b>Tomato</b> Assorted Vegetable Salads Congealed Salad Teddy Grahams Muffin Assorted Fresh Flavored Milk	9 Barbeque on Bun/Dill Spear Lasagna/ <b>WW Roll</b> Broccoli/Cheese Shoestring Fries Mixed Vegetables Cole Slaw Garden Salad Applesauce Fudgesickle Assorted Fresh Fruit

"This institution is an equal opportunity provider."